



**Handwriting University's**

**Handwriting Analysis  
Quick Reference Guide  
for Beginners**

*Empressé Publishing*

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Handwriting Analysis  
Quick Reference Guide for Beginners  
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*“If you want to add handwriting analysis to your tool belt of vast personal resources, the Handwriting Home Study Course will set you in the right direction. Bart does an outstanding job of making the subject practical, fun, easy to understand and apply to your life.”*

*— Rex Steven Sikes, NLP and Mind Design™ trainer*

*“Italians line up to get their handwriting analyzed too! Thanks for giving me a tool that is changing my life!” — Paolo Alguriez, Italy*

*“This is the most fascinating thing that I have done, and I have done a lot of different things in my life!” — John Adams, Senior Sports Executive, Australia.*

*“I have gained wonderful insights to myself and my co-workers and what makes them tick. In my new job at Federal Express, I can get to know my new co-workers on a different level. It has made a huge impact on how well I get along with others!”*

*— Angela Deatrack, Systems Engineer, St. Louis, MO*

*“No one shares my appreciation, thankfulness and excitement from your teachings more than me. Your books and courses have changed my life.”*

*— Daniel Arola, Houston, TX*

*“When I first saw your book [Handwriting Analysis for Sex, Love, & Relationships ] in the bookstore I thought, ‘Ehhh, It's probably worth \$16.’ I had no idea! It has opened up a whole new world for me. Its value is at least a 100 times the price! Thank you.”*

*— Dennis Rudolph, Sierra Madre, CA*

*“Exactly what I've been looking for! I'm already reaping benefits from changing my T-bars and Y loops. In just a few weeks, my wife and I have noticed changes that are quite profound in our marriage!” —John Grey, Publisher, Houston, TX*

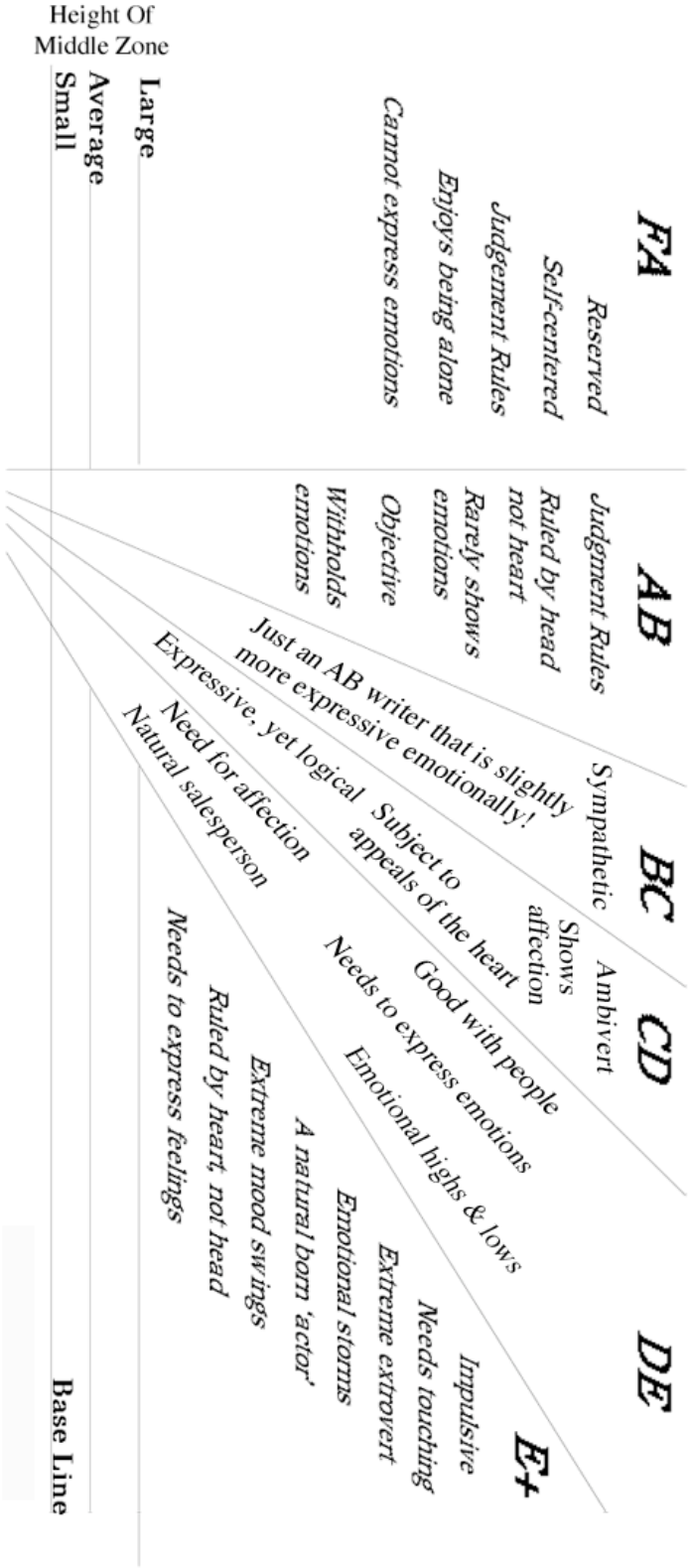
# Handwriting Analysis Quick Reference Guide

## **Personality Characteristics As Revealed in Handwriting**

\*This quick reference guide does not contain all the personality traits or strokes revealed in handwriting. Please refer to Handwriting University's Certification Level Course for a complete "Trait Dictionary" with all of the basic and advanced strokes.

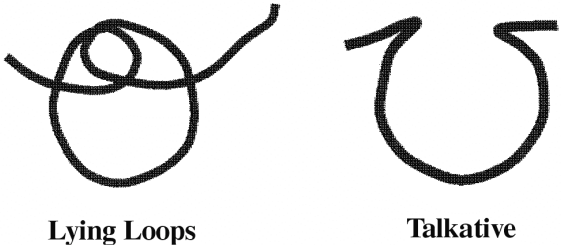
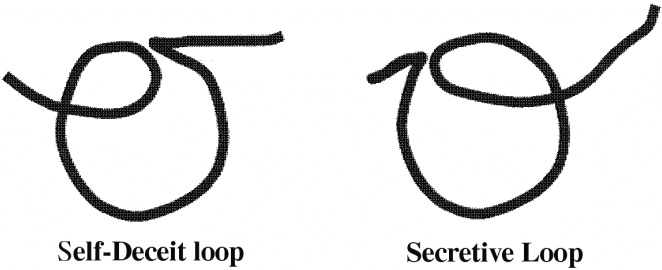
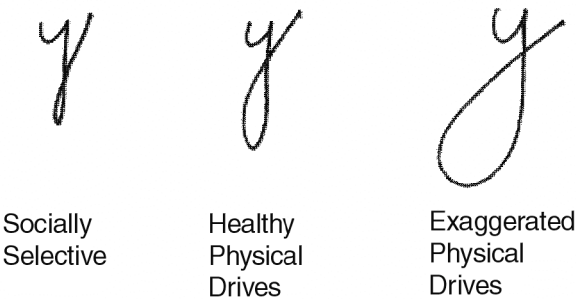
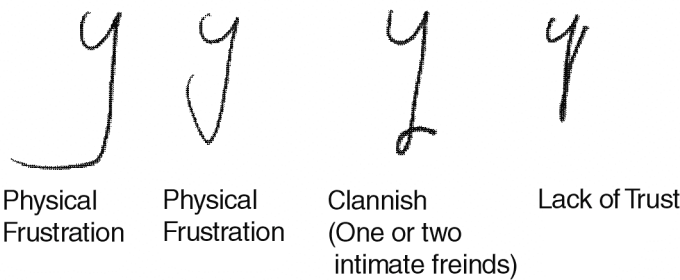
<http://myhandwriting.com/learn>

You might also enjoy the Grapho-Deck Handwriting Flash Cards which contains 51 different traits in a portable compact card deck. Available at the website: <http://graphodeck.com>



**EMOTIONAL GAUGE**

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## Aggressiveness



Shown by hard right upstrokes that replace a lower loop. The aggressive person pushes forward into the future asserting himself physically. Often this person needs physically aggressive outlets such as competitive sports or even violence.

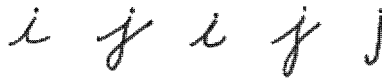
## Ambivert



*Middle of the roader*  
*Emotional but logical*

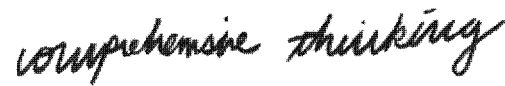
Shown by a person's slant that is midway between a vertical and a hard right-slant. This person relates to both introverts and extroverts while keeping a level head even amidst the existence of emotional feelings such as empathy, sympathy, and even passion. Falls into the middle-of-the-road category on many issues.

## Attentive to Details



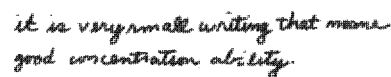
Revealed by the dots on the *i* and *j* being placed close to the stem. The closer the dot is to the stem, the more attention the writer pays to details. This trait contributes to a good memory. Notices everything.

## Comprehensive Thinker



Revealed by needlepoint strokes on the top of the *n* and *m*, also in the *h* or *i*. These people have lightning fast minds that are able to size up situations instantly. They are curious, impatient, intelligent and usually in a hurry.

## Concentration



Extremely small writing. People that write tiny have the ability to shut everything out of their mind and fully concentrate on one thing at a time. Often, on a first impression, these people seem reserved.

## Defiance

coke quick crack

A large lower case letter, especially *k*, anywhere in the writing. This high buckle *k* is often referred to as the “go to hell K.” The defiant person resists other's authority. Seen as resentment at being told what to do and as rebellion in young people.

## Desire for Attention

lips look us

High ending strokes that go up in the air much like a child raising his hand in class for attention. This person needs to be the center of attention and is always looking for ways to get noticed. This person needs lots of recognition.

## Diplomacy

m m m n

Downslanted humps toward the right on *m*'s and *n*'s. This person has the ability to say things in a way that other people want to hear. He can also phrase touchy subjects in a nice, inoffensive way.

## Dominant

t t t t t

Down slanted *t*-bar, to the right, with a blunt ending. The dominant person tends to be in control and likes it. He takes charge, making people follow directions without angering them.

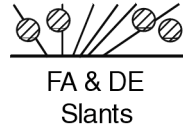
## Domineering

t t t t

Down-slanted *t*-bar, to the right, with a sharp ending. The domineering person tends to fight for control. He takes charge, insisting people follow him. The sharp *t*-bar signifies sarcasm, whining, griping, and possible cruelty when he doesn't get his way. An unpleasant trait.



## Dual Personality



*severe slant variation in the  
same word or sentence.*

Shown by an obvious slant variation from left to right in the same sentence. This person has trouble making decisions because the head and heart are in conflict. He withdraws into the introverted personality when he feels insecure. Unpredictable mood swings.

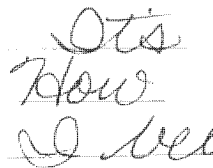
## Ego Strength

Big Ego



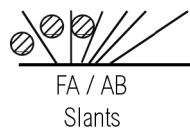
Weak  
Ego

Healthy  
Ego



Shown by the size of the capital letters. Capitals 4-5 times the middle zone indicate a writer with an inflated importance of himself (ego). Likewise, capitals within the middle zone indicate weak ego strength, thus affecting self-esteem.

## Emotionally Withdrawn



*leftward slant*

Shown by a consistent leftward slant. The upstrokes and slant are a minimum of 90 degrees from the baseline. An introvert. This person keeps his own counsel, rarely expresses feelings, and makes logical, unemotional decisions.

## Emotionally Responsive



*hard rightward slant*

The hard rightward slant reveals the heart-ruled, moody, impulsive person. The farther the writing slants to the right, the more this person is subject to emotional stimuli. This writer naturally relates to people's emotions and has a constant need for affection. He can be very expressive with his emotions and relates to others easily.

## Enthusiasm

*fantastic excitement*

An unusually long stroke that makes the cross bar of the *t*. This writer bubbles over with enthusiasm and excitement. Enthusiasm is a key ingredient to success in leadership, because it motivates others toward action.

## Fear of Success

*y g y g*

Shown by a down-turned *y* or *g* that doesn't cross the baseline. The closer it comes to the baseline, the closer the person will come to success, then turn away. Often a feeling of dejection occurs near success, thus this person gets very close to success, then fails.

## Fluidity of Thought

*8 8 88 f f*

Shown in the figure eight shape anywhere in the writing. Most commonly found in the lower loop of the *g* or in the capital letters of a signature. Signifies the ability to follow and change thoughts smoothly. Often a good conversationalist, speaker, or writer.

## Frankness

*o o o a o o*

Shown in the letter *o* that has no inner loops and is relatively wide. This person will be honest and blunt when asked her opinion. If the *o* is open, then she will volunteer her frank opinion without being asked.

## Generosity

*give away stuff*

Shown by long final strokes extending to the right at about a 45-degree angle and/or wide word spacing. This person will be eager to share. This writer derives attention and personal reward from being generous to others.

## High Self-Esteem

The sentence 'I have a strong self esteem' is written in cursive. The 'I' is a tall, thin vertical stroke. The 't' in 'esteem' has a high horizontal bar that crosses the 'e'.

High crossed *t*-bar and large personal pronoun *I*. This reveals confidence, ambition, the ability to plan ahead, high goals, high personal expectations, and an overall good self-image. This is the key to personal success and happiness.

## Imagination

The sentence 'you go jogging' is written in cursive. The 'y' has a large, wide loop at the bottom. The 'g' and 'j' also have large, wide loops at the bottom.

Large and wide lower loops in the *y*, *g* and *j* reveals strong physical imagination, gullibility, and a tendency to exaggerate the tangible aspects of life. Has great ability to visualize and see things clearly. Big loops in the *h* reveal the philosophical imagination.

## Independent Thinker

The sentence 'good cards doing' is written in cursive. The 'd' has a short stem and a restricted loop.

Shown by a short *d* or *t*-stem with a restricted or no loop. This person has his own ideas about the way life is. He thinks independently of what others believe. His dress and choices in life tend to be made without regard to the norm.

## Individualistic

The sentence 'es ist ein zu sein.' is written in cursive. The 'i' has a circle around the dot.

Shown by a circle *i*-dot. Most common in adolescent writing, when a youth is trying to stand out from the crowd. In adulthood, she has a fear of being ordinary and must call attention to herself by being different. Also, it can indicate artistic or creative expression.

## Irritability

The word 'irritability' is written in cursive. The 'i' has a slash through the dot.

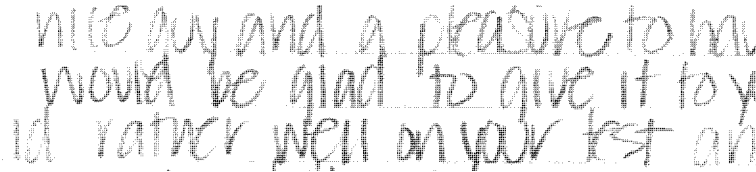
Slashed *i*-dots. The longer the slash, the more irritated the writer is at the time of the writing. Slash down is irritation at the present situation. Slash left is irritated at themselves. Slash right is toward other people. Anger is usually present.

## Lack of Trust / Fear or Intimacy



Shown when the lower loops of y's, g's, and sometimes j's are retraced completely. The anti-social person does not trust anyone and rarely lets people get close enough to really know him. He fears getting hurt emotionally. This is a roadblock to intimacy.

## Lives for the Moment



Shown by no upper zone strokes. Writing that stays in the middle zone. Immature. These people get into trouble because they live for today and fail to foresee the consequences of their actions. This person's philosophies and ethics change frequently.

## Low Self-Esteem



Shown by the t-bar crossed very low on the stem. This person fears failure and fears change, thus sets goals with low risk. He remains in bad situations much too long and finds imperfections with himself. He is rarely successful in his own eyes.

## Lying



Shown by a combination of loops in the right and left side of lower case a's and o's. Huge inner loops that cross signify a person that lies pathologically. These people are not trustworthy.

## Needs A Challenge / Stinger Issues with the opposite gender



Shown by a stinger-like hook in the middle zone letters c, d, or a. This person has anger at strong members of the opposite sex, while only being attracted to those who are a challenge. Once this person feels totally in control of the relationship, he/she will become bored.

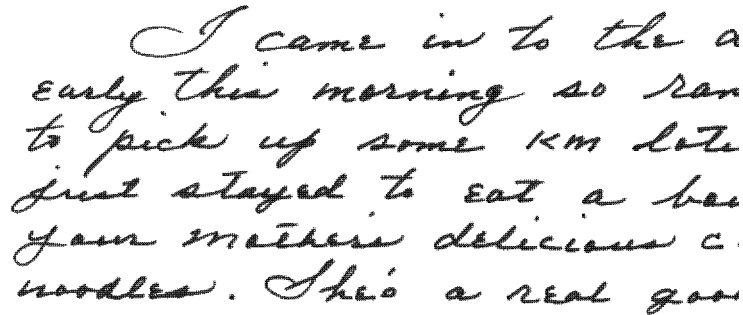
## Optimism



*I am very happy today smile! yeah.*

Revealed by a noticeable upward slant in the entire baseline and/or the cross bar on the letter *t*. The higher the incline, the more optimistic she is. She is sure tomorrow will be better and always looks on the bright side of life.

## Perfectionist



*I came in to the a early this morning so ran to pick up some km late just stayed to eat a bag your mother's delicious c. noodles. She's a real good*

The baseline will be straight and even. This handwriting is that of a person who spends time putting everything in its place and reviews work trying to make it precise.

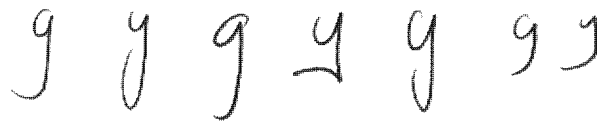
## Persistence



*t f t t t*

Strokes that double back over the letter and end toward the right. Usually located in the *t* and *f*. This person has the quality of not giving up when confronted with temporary setbacks. He will persist until he completes the task.

## Physical Frustration



*g g g g g g*

Lower loops that are incomplete. This signifies the presence of frustration in areas such as relationships, exercise, or sexual activity. Something is incomplete in this person's life.

## Physically Experimental

*very physical, yes*

Shown by very long *and* big loops in the lower zones *y*, *g*, and *p*. They will demand variety in their physical activities, which must satisfy their insatiable physical desires. Sexually, they can be very demanding and often creative.

## Procrastination

*τ τ τ τ*

A *τ*-bar that is crossed predominately on the left side of the stem. Procrastinators will put off until tomorrow what could have been done today. This trait is one factor of laziness.

## Pride & Dignity

*pride and dignity*

Shown in the *t* and *d*-stems that are retraced and taller than normal. These writers will demand respect and expect you to treat them with dignity.

## Sarcasm

*τ τ τ τ*

Revealed by sharp-pointed *τ*-bar. Sarcasm is like a verbal dagger defending the ego. Sarcasm is forming a dual meaning to whatever is said and is often mixed with humor. Sarcastic people have a sharp tongue that can hurt others' feelings. If the *τ*-bar is crossed from right to left, the sarcasm is directed toward self, instead of toward others, creating a tendency to be self-critical.

## Secretive

*o o o o o*

Circles within circle letters on the right hand side. The larger the inner loop is, the more secrets this person will withhold from others. If the inner loop is huge, this person will try to avoid giving you a complete answer.

## Selective Listener

*retraced "i's" and "r's"*

Retraced *e*'s that are usually found with narrow or closed *a*'s and *o*'s. This person can tune other people out. He has his own ideas and will only agree with you if you agree with him. In other words, this person can be closed-minded.

## Self-Castigation / Self-Critical

*Bart what about*

Shown by the backward crossed *t*-bar (right to left). This signifies the need to punish oneself. If the *t*-bar shows sarcasm (pointed), the writer tends to be critical and sarcastic of himself.

## Self-Conscious

*m m n m*

Shown by the increasing height of the humps on the *m*'s and *n*'s. When the second hump is higher than the first, this person has a fear of being ridiculed and tends to worry what others might think when around strangers.

## Self-Control

*t t t t*

A *t*-bar that is curved in a concave shape, much like an upside down shallow saucer. The stronger the curve, the more self-control is being implemented. An umbrella shape signifies the person is obsessively controlling an action.

## Self-Deceit

*o a o o o*

Inner loops on the left side of the circle letters. This person is deceiving himself about something that is happening to him at the moment. This person may not be consciously aware of the things in his life that he is refusing to face.

## Self-Reliance & Leadership



Revealed by an underline below one's signature. This person possesses strong leadership qualities, relies on himself, and has a great amount of inner strength.

## Sensitive To Criticism



Shown by the looped stem in the lower case *d* or *t*. The bigger the loop, the more painful criticism is felt. If the loop is really inflated, this person will imagine criticism. The *d*-loop relates to personal self and the *t*-loop relates to sensitivity to ideas or philosophies.

## Socially Selective



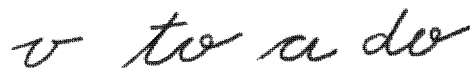
Long, narrow loops usually in the *y* or *g*. The size of the lower loop reveals the amount of trust and imagination as it relates to people. The narrow loop reveals some trust, but they are very selective of whom they allow in their inner circle of friends.

## Stubborn



Revealed by *t* and *d*-stems shaped like a tepee or upside down "V". The more this letter is braced, the more this person is braced to his own ideas. Stubborn people rarely admit they are wrong, and don't want to be confused with the facts after they have made up their minds.

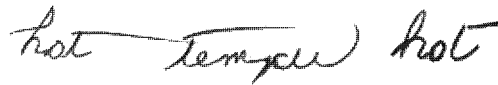
## Talkative



Open circle letters such as *a*'s and *o*'s. The less connected the upper part of these letters are, the more they must move their mouth. Sometimes they will talk just to hear their own voice.

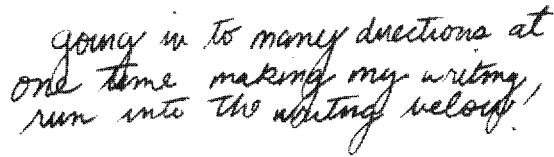


## Temper



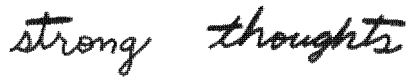
Shown by a *t*-bar that is crossed predominantly on the right side of the stem. The more it occurs, the easier irritation will cause them to lose control of their emotions. If combined with a heavy rightward (DE, E+) slant, they will blow up quickly.

## Too Many Irons In The Fire



Long lower loops running into the writing below. This writer has too many projects going on at one time, thus having confusion of interests.

## Willpower



Shown by heavy pressure on the *t*-bars. This person will be able to follow a set course and display strong powers of the will. Willpower tends to intensify all other personality traits.

### End of Traits ###

For a more comprehensive list of traits revealed in handwriting, please buy and study the Handwriting Analysis Certification Level Home Study Course. Available to students worldwide from [www.HandwritingUniversity.com](http://www.HandwritingUniversity.com)

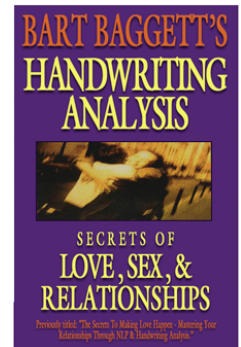
## RECOMMENDED RESOURCES

### *The Grapho-Deck Handwriting Trait Cards*

This deck of 51 personality trait cards is an international bestseller, introducing handwriting analysis to everyone in a fun and simple format. Ideal for new students who want to memorize the basic traits, it is always a hit at parties. Published through Empressé Publishing (North America).



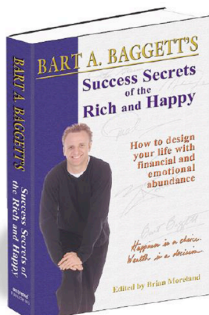
*Handwriting Analysis for Love, Sex, and Relationships* by Bart A. Baggett. 304 pages. This classic book includes over 70 traits and reveals tools for creating, attracting, and keeping a loving relationship in your life. Written primarily for single people, this handwriting book has been adopted by married couples to improve their understanding of each other, and to increase their knowledge of handwriting analysis. This book was originally published under the title *Secrets of Making Love Happen*. Published through Empressé Publishing (North America), Sterling Publishers (India and Asia).



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<http://www.myhandwriting.com/booksetc>

*Success Secrets of the Rich and Happy* by Bart A. Baggett. Over 400 pages. This self-help book reveals the secrets of the world's happiest and wealthiest people. It includes over 100 pages of handwriting analysis insight and many other techniques for transforming your life using NLP, time-line therapy, yoga, meditation, and many other secrets. Published through Empressé Publishing (North America), Sterling Publishers (India and Asia).



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